

School Development Action Plan

KEY AREA:

Priority Development Target

SPORT AND HEALTHY EATING 2016-2017

Success Criterion/Criteria

- *To promote sports and activities during school days and breaks*
- *To increase consciousness regarding healthy eating patterns and ways to improve one's lifestyle.*

Policy - A WHOLE SCHOOL APPROACH TO A HEALTHY LIFESTYLE: HEALTHY EATING AND PHYSICAL ACTIVITY POLICY

Implementation: *Enter the year group / subject department*

Actions	Steps to be taken	Timescale	Coordinator	Monitoring and evaluation
<i>European Day of Sport</i>	<i>Sport Activities for each form</i>	<i>30/09/16</i>	P.E. Teachers	
<i>Sports During Break</i>	Dance Athletics and Table Tennis	October 2016 (Whole Month)	Mr. Camilleri	
<i>Fun Run</i>	Collecting money through different activities for a good cause	November 2016 (Whole Month)	Mr. Camilleri	

<i>Badminton</i>	Tournament Workshop		Ms. Ciapparra	
<i>Football</i>	Football Tournament		Mr. Bugeja	
<i>Healthy Eating Posters</i>	Creating and Printing of Eye-Catching Posters regarding Healthy Eating	01-02-17 – 01-05-17	Mr. Galea + Healthy Eating Focus Group	
<i>Snack Day</i>	Creating a healthy snack on a planned date. This will teach students a new healthy recipe + fundraising activity.	01-02-17 – 01-05-17	Mr. Galea + Healthy Eating Focus Group	